



Archdale Parks and Recreation Department 3rd-5th Girls Volleyball Rules

The first two sets in this age group will be played to 21. A team must win by two points, with a cap at 25. The winner of the match is the first team to win two sets. The third set will be played to 15 with a cap at 19.

A set is played with 6 players: 3 in the front row and 3 in the back row. If a team does not have 6 players, then they may play with at least 4. The opposing team can still play with 6 players and will not be penalized. Late players can rotate in during the first set but not after.

Players will rotate every time a new server is due up. No team members can be skipped. Each team will need to use the same rotation for the duration of that set. A team can switch the rotation for the second or third set.

If a server gets 5 points in a row then that team will keep the ball but they will rotate to the next server.

Each team gets one time-out per set played. If a match goes three sets then each team has a chance to call 3 timeouts. If a timeout is not called it does not carry over to the next set.

There is a maximum of 3 hits per side. Players may not hit the ball twice in succession. Any part of a player that touches the ball is considered contact. It is illegal to catch, hold, or throw the ball. It is illegal to block or attack a serve. It is illegal to touch the net while the ball is in play.

A ball hitting a boundary line is in. A ball is out if it hits an antenna, the floor completely outside of the court, any of the net or cables outside of the antennae, the referee stand or pole.

If a team hits the ball into the ceiling on their side of the court it is still in play. If a team hits the ball and it crosses into the ceiling on the opposite side of the court, it is dead and a point for the other team.

There will be a line marked about 8 feet in from the true service line. This is where this age will serve from. If a player steps on or across the service line it is a point for the other team.

The server will get 2 chances to get the ball over the net. If the first try is successful, regular play follows. If the first try is not successful, no points are awarded and the child gets a second chance. If the second serve is successful, regular play follows. If the second serve is not successful, the ball is given back to the other team and no points are awarded.

If a player chooses to overhand serve the ball the first serve can be from the short line. If the serve is successful the player must back up to the true serve line to continue overhand serving, or switch to an underhand serve to stay at the short line. This rule re-starts with every rotation.

It is up to the discretion of the official to make the calls. Parents and fans are not permitted to talk to officials during the game. If a coach wants to request review of a decision, a time-out must be called. If a decision is overturned, the time-out will not count against the team. Due to the young age of these children calls will be made on a learning basis.

There will be an end of season single elimination tournament after the regular season. If there is a tie(s) for any place(s) in the standings, then the results of the in-season head-to-head competition



shall be used to break that tie. If the tied teams split the in-season head-to-head competition, the total number of sets (within a game) won in the head-to-head matches between the teams will decide the outcome. The tied teams shall be seeded in order of games won.